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**TO: ALL FAMILIES**

**FROM: Mr. Jim**

**DATE: May 20, 2019**

**RE: FOOD PROGRAM CHANGES AS OF JUNE 3, 2019**

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Apple Pie is continually seeking to improve its program for children and families. One area of improvement we want to address, based on parent feedback, is our food program in the mornings. We serve Breakfast from 6-7AM, much earlier than most children arrive.

**Therefore, we are going to remove the AM Snack (9AM) and provide breakfast throughout the morning between 6:30AM and 9:00AM.** With this schedule more children will receive Breakfast. Breakfast is the most important meal of the day! We will add more hot breakfasts to our menu and less cold cereal. Our food program will be as follows:

6:30AM – 9:00AM	Breakfast (main dish, fruit, milk)
11:30 AM – 12:30PM	Lunch (main dish, veggie, fruit, grain, milk)
3:00PM – 3:30PM	PM Snack (snack, fruit or milk, water)

**ALSO, we are following the recommendation of the federal food program (CAFFP) and NOT ALLOWING any outside food into Apple Pie.** Allergies, nuts, high sodium and high sugar content foods go against the CACFP program goals. If a parent wants to bring in their own food for their child(ren) they will need a signed form from their doctor, see the office for the form.

**What about Birthday Parties?** you can get cupcakes from the Acme at the Bond Shopping Center. We have worked with them and they have shared their cupcake recipe with us and it meets our standards for parties only.

**What if I want to have a pizza party for my child's classroom?** You can order pizza from Pizza Hut and have it delivered, their recipe also meets CACFP standards.

These two changes are to improve the nutrition of our food program for the benefit of the children. Of course, we are open to your comments and can further explain the program's goals with you. Feel free to stop by or call the office for additional information. Thank you.