

APPLE PIE CHRISTIAN ACADEMY

MAY 2018 MENU

	MON 4/30	TUE 5/1	WED 5/2	THURS 5/3	FRI 5/4
BREAKFAST W/MILK	Blueberry Muffin Banana	Pancakes w/ S.F Syrup Apricots	Rice Krispies Diced Pears	French Toast Stix w/ SF Syrup Pineapple Tidbits	Corn Flakes Tropical Fruit
AM SNACK W/MILK	Cheeze Its	Animal Crackers	Pretzel Goldfish	Graham Crackers	Cracker Medley
LUNCH W/MILK	Chicken Noodle Soup WG Bread Mixed Veggies Mixed Fruit	Asian Nuggets WG Bread Oriental Veggies Diced Peaches	Turkey Meatballs On WW Bun Peas Tropical Fruit	Egg Salad/ WG Bread Mixed Fruit Diced Carrots	Whole Grain Pizza Broccoli Organic Red Apple
PM SNACK W/MILK	Wheat Crackers String Cheese Water	Cornbread	Cheese Crackers	Hummus Small Tortillas Water	Thin Pretzels
	MON 5/7	TUES 5/8	WED 5/9	THURS 5/10	FRI 5/11
BREAKFAST W/MILK	Honey Graham Cereal Fresh Orange	Waffle Stix w/ S.F Syrup Diced Peaches	Granola Cereal Banana	Cornbread Tropical Fruit	Rice Krispies Diced Peaches
AM SNACK W/MILK	Cheese Crackers	Pretzel Goldfish	Thin Pretzels	Cheeze Its	Pizza Sticks
LUNCH W/MILK	Salisbury Steak WG Bread Mixed Veggies Diced Pears	Soft Shell Beef Taco Corn Mango Chunks	Turkey & Cheese Whole Wheat Roll Chopped Spinach Pineapple Tidbits	Chicken Pattie On WG Bun Diced Carrots Apple Sauce	Chicken Vegetable Roll Oriental Veggies Apricot
PM SNACK W/MILK	Corn Bread	Animal Crackers	Whole Wheat Goldfish	Graham Crackers	Cracker Medley

Menu Subject to Change

No Pork or Shell Fish Products Served

All Meals and Snacks served with Milk (Water where indicated)

APPLE PIE CHRISTIAN ACADEMY MAY 2018 MENU

	MON 5/14	TUES 5/15	WED 5/16	THURS 5/17	FRI 5/18
BREAKFAST W/MILK	Granola Cereal Diced Pears	Pancakes W/SF Syrup Banana	Corn Flakes Pineapple Tidbits	French Toast Stix W/ SF syrup Tropical Fruit	Rice Krispies Mixed Fruit
AM SNACK W/MILK	String Cheese Wheat Crackers Water	Whole Wheat Goldfish	Cheese Crackers	Vanilla Yogurt Fruit Cocktail Water	Thin Pretzels
LUNCH W/MILK	Whole Wheat Elbow Macaroni w/Beef Crumbles Salad/Apple Sauce	Turkey Pattie on Whole Grain Bun Broccoli Mango Chunks	Chicken Nuggets WW Bread Sweet Potato Tots Organic Apple	Sloppy Joe on Whole Wheat Bun Mixed Veggies Pineapple Tidbits	Whole Grain Pizza French Fries Diced Pears
PM SNACK W/ MILK	Cracker Medley	Pizza Sticks	Blueberry Muffin	Snap Peas/ Snow Peas LF Dressing	Cornbread
	MON 5/21	TUES 5/22	WED 5/23	THURS 5/24	FRI 5/25
BREAKFAST W/MILK	Tasteos Cereal Diced Peaches	WG Waffle Stix S.F Syrup/ Diced Pears	Rice Krispies Mango Chunks	Blueberry Muffin Applesauce	Honey Graham Cereal Fresh Oranges
AM SNACK W/ MILK	Cheese Itz	Animal Crackers	Pretzel Goldfish	Graham Crackers	Apple Cinn Muffin
LUNCH W/MILK	Turkey Burger on Whole Wheat Bun Corn/Fresh Orange	Chicken Quesadilla Zucchini Mixed Fruit	Turkey & Gravy Over Brown Rice Mixed Veggies Apple Sauce	Salisbury Steak Whole Wheat Bread Mixed Veggies Pineapple Tidbits	Pulled Chicken BBQ On WW Bun Peas Mixed Fruit
PM SNACK W/MILK	Whole Wheat Goldfish	Thin Pretzels	Vanilla Yogurt Tropical Fruit/Water	Pizza sticks	Pretzel Goldfish
	MON 5/28	TUES 5/29	WED 5/30	THURS 5/31	FRI 6/1
BREAKFAST W/MILK		WG Waffle Stix S.F Syrup/ Diced Pears	Rice Krispies Mango Chunks	Blueberry Muffin Applesauce	Honey Graham Cereal Fresh Oranges
AM SNACK W/ MILK		Animal Crackers	Pretzel Goldfish	Graham Crackers	Apple Cinn Muffin
LUNCH W/MILK	CLOSED FOR MEMORIAL DAY	Chicken Quesadilla Zucchini Mixed Fruit	Turkey & Gravy Over Brown Rice Mixed Veggies Apple Sauce	Salisbury Steak Whole Wheat Bread Mixed Veggies Pineapple Tidbits	Pulled Chicken BBQ On WW Bun Peas Mixed Fruit
PM SNACK W/MILK		Thin Pretzels	WW Goldfish	Pizza sticks	Pretzel Goldfish

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